

Open Forum

Bereavement Professional Chat – Chat box Transcript

December 7, 2016

NHPCO Staff: To access slides, please log in at myNHPCO and visit <http://my.nhpco.org/HigherLogic/System/DownloadDocumentFile.ashx?DocumentFileKey=0983892b-aa37-df19-f971-af9ef8d98679&forceDialog=1>

Wes Sturgis from Charlotte, NC: Welcome everyone!

NHPCO Staff: If you are getting your audio through the computer and would like to ask a question by phone, dial 323-920-0091, Access code 862 3670#, then press *6 to unmute when you are placed in the conference.

NHPCO Staff: Direct link to the bereavement is at: <http://my.nhpco.org/communities/community-home/librarydocuments?communitykey=191c46b6-05de-4f1d-8e1e-dca744cc7879&tab=librarydocuments>

Karen Hood from Decatur, IL: Ideas for professional resources for grief and loss counseling

Karen Hood from Decatur, IL: for bereaved

Jennifer Traeger: Our program continues to reach out to the bereaved primarily through phone calls and mail. Is anyone utilizing email and or text to make contact with people? What has your experience been with this? I would love to be able to give people the option to hear from us using the technology they are most comfortable with, but we haven't taken that step yet.

Cris Kinney from Berkeley: multiple language resources?

Sue Rafferty from Dallas, TX: I will follow up a call with e-mails, and if I have an e-mail address for people I will contact them by that if I can't reach them by phone. We are working on gathering e-mail addresses to send out bereavement information by e-mail.

Mary Gosse from Oakdale: A good resource for bereaved is the Grief words Library developed by Dr. Alan Wolfelt. We have this available under the Resources tab on our company website.

Mary Gosse from Oakdale: Does NHPCO have groups that discuss use of specific EMR systems. We use HCHB and would love to connect with other HCHB bereavement users.

Deborah Pausig, LMFT, CT from North Haven, CT: Perhaps a quarterly newsletter on the company website so families can access on their own and share website with others rather than email?

Deborah Hall from Fishersville, VA: Glad for discussion around e-mails, texts and Facebook. Comes up all the time!

Karen Hood from Decatur, IL: We want to start our own grief group, are there any curriculums out there we can take ideas from?

Sue Rafferty from Dallas, TX: Some of the ones I've found: Remember Me When I Am Gone Resource for dying parents to leave memories for their children, in multiple languages.

<http://remembermewheniamgone.org> / British Columbia Bereavement Helpline has a printable brochure, Ten Things to Know About Grief, available in Chinese, English, Korean, Persian, Punjabi, Spanish, Tagalong (Pilipino), and Vietnamese <http://www.bcbereavementhelpline.com/grief/> The Transcultural Mental Health Center has resources available, including a publication on Grief and Loss, in Arabic, Chinese, Croatian, Farsi, Filipino, Greek, Hindi, Italian, Korean, Macedonian, Serbian, Spanish, Tongan, Turkish, and Vietnamese, <http://www.dhi.health.nsw.gov.au/Transcultural-Mental-Health-Centre/Resources/Archived-Resources/Archived-Resources/default.aspx>

Katherine Valenta from Chicago: Hi are there any grief support type of newsletters in Polish? A few of my bereaved clients would like Polish written resources...Thanks!

Cris Kinney from Berkeley: grief work to the dying person while dying

Sue Rafferty from Dallas, TX: Dr. Alan Wolfelt has a book Understanding Your Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart that can be used as a basis for grief support groups. I think it would be a 10 session group or could be adapted for less. Is that the one mentioned?

Sue Rafferty from Dallas, TX: We use our own 6 week curriculum

Cris Kinney from Berkeley: anything in particular about attachment styles

Cris Kinney from Berkeley: ADEC certification?

Jennifer Traeger: Has anyone had success forming a group for younger widowed/partner loss? We often have requests for this as a specialized group.

Stephanie Guinn from Lafayette, IN: What marketing tools do you use successfully to market your groups in your communities?

Katherine Valenta from Chicago: can you elaborate on the photography workshop?

Terri Ray from North Carolina: We also have website registration.

Terri Ray from North Carolina: We put our registration in our quarterly mailings. Also collaborate with other community organizations for our perinatal support group.

Sue Rafferty from Dallas, TX: I do a monthly e-mail with our bereavement events to community members, churches, funeral homes, etc. We also have a monthly bereavement luncheon; I bring in speakers and the luncheon is sponsored, so free to attendees, mostly by local funeral homes.

Cris Kinney from Berkeley: who uses a continued relationship model with the bereaved and deceased?

Terri Ray from North Carolina: Daniel, the photo workshop would be a great presentation

Katherine Valenta from Chicago: Sounds beautiful...thank you. Will definitely look into doing something similar.

Stephanie Guinn from Lafayette, IN: The photo workshop sounds amazing. Thanks for sharing!

Daniel Speis: Terri- This has been presented at the NHPCO clinical conference. Not by me, but by Brenda Kenyon

Terri Ray from North Carolina: We ran a Young Widowed group years ago. Attendance was up and down, hard for people to get here with children and other responsibilities.

Sue Rafferty from Dallas, TX: There are a number of communities that still have Widowed Persons Service groups; those originated with AARP but are independent now. Dallas has a Young Widowed group as part of that, now called Widowed Persons Support Group. Also, there are a number of family grief support centers in the area, so I usually refer to those for families with grief issues.

Sue Rafferty from Dallas, TX: <http://www.dougy.org/grief-support-programs/> is one place where you can search for family grief support programs nationwide

Mary Gosse from Oakdale: I'm not familiar with the Continued Relationship model. Who is the founder? Where can I get info on this model?

Cris Kinney from Berkeley: does anyone have ADEC certified clinicians?

Diane Snyder Cowan from Cleveland: Yes, we have ADEC certified clinicians. It's a good credential.

NHPCO Staff: Continue the conversation at: <http://my.nhpc.org/communities/community-home?CommunityKey=191c46b6-05de-4f1d-8e1e-dca744cc7879>

NHPCO Staff: Thank you all for attending!

Terri Ray from North Carolina: Can we cover death by drug overdose groups?

Wes Sturgis from Charlotte, NC: thank you, all for your participation! Happy Holidays!

Diane Snyder Cowan from Cleveland: dscowan@hospicewr.org

NHPCO Staff: All the best!

Katherine Valenta from Chicago: Thank you!