

Common Counseling Dilemmas *A Panel Discussion*

MyNHPCO Bereavement Section Community Chat
August 2021

Facilitated by:
NHPCO Bereavement Steering Committee

MyNHPCO: Where do I find it, and what is it?

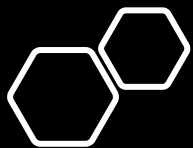
- Visit: <http://my.nhpco.org/home> and use your NHPCO email and password.
- A collaboration of 15 discipline-specific professional communities and issue-based communities.
- Interdisciplinary-focused
- MyNHPCO contains on-line resources, forums and networking will help you grow professionally, find new solutions, contribute to the field, and elevate the national profile of your program.

MyNHPCO

- Professional communities
- Discussion Posts
- Monthly Chats
- Library entries
- Blog

Please contact us...

- if you have questions about membership
- if you have topics you would like us to discuss
- if you would like to become a community committee member
- stay connected at the Bereavement Professional MyNHPCO Community



Common Counseling Dilemmas

- Even the veteran bereavement counselor can face dilemmas.
 - Ethical Dilemma
 - Struggling with right vs wrong
 - Anxiety and conflict
 - Different perspectives
 - Emotionally charged
 - Not a perfect answer
 - No case history example
 - Not quite outside the bounds of policy
 - “Challenging clients”

Situation #1

The pandemic definitely shifted the characteristics and challenges of those reaching out for grief support. Many of us saw an increase in calls related to suicidal ideation, depression, and anxiety even from those who may not have had a recent loss. How did and does your/organization best address this request?

Situation #2

When a bereaved has dementia or a cognitive or intellectual disability this presents unique challenges. Please provide recommendations or interventions you have used? And how to guide the family who are caring for these individuals while simultaneously grieving.

Situation #3

Dealing with Family Dynamics and its impact on a person's ability to have a healthy grief experience can be a frequent dilemma. How have you uniquely supported this individual?

Situation #4

What about when a bereaved client is struggling with Substance Abuse? How have you addressed the barriers to care. Any specific screening tools or interventions.

Situation #5

Have you ever morally or personally clashed with someone and found it difficult to work with them? What do you do?

Situation #6

Sometimes bereaved present with pre-existing issues outside of our scope of care. How do you begin to have that sensitive conversation? Do you refer to other resources or make recommendations?

Final Comments



Thank you
for
attending