

# PATHWAYS CENTER *for* GRIEF & LOSS

## BIBLIOGRAPHY FOR PROFESSIONALS

Attig, Thomas. **How We Grieve, Relearning the World.**

Easy to read stories about how to be and act in a world where loss transforms the fabric of our lives.

\*Cox, G., Bendiksen, R., & Stevenson, R. (Eds.). **Complicated Grieving and Bereavement.**

Through humor, music, puppeteering, drama, family systems, spiritual care and support groups, this book examines complicated grief in special populations and presents practical suggestions for those who have experienced a traumatic loss.

Doka, K. & Martin, T. **Grieving Beyond Gender.**

Excellent framework that helps identify the variety of ways people grieve. Numerous examples and vignettes illustrate the spectrum and pattern of grieving styles. An innovative, groundbreaking book.

\*Golden, Thomas. **Swallowed by a Snake.**

Excellent book about the masculine side of healing from a loss. Offers a unique perspective on the grief process that is well written and applicable to both men and women.

\*Harris, D. & Winokuer, H. **Principles and Practice of Grief Counseling.** 2<sup>nd</sup> edition

Combines knowledge and skills of counseling psychology with current theory and research of grief and bereavement.

\*Klass, Dennis. **The Spiritual Lives of Bereaved Parents.**

Vignettes of bereaved parents provide a framework for professionals and offers insights into understanding the lives of bereaved parents.

Klass, D., Silverman, P., & Nickman, S. **Continuing Bonds, New Understandings of Grief.**

Book's premise is that traditional concepts of the grief process need to be expanded, emphasizing that a healthy resolution of grief enables one to maintain a continuing bond with the deceased.

Kosminsky, P., & Jordon, J. **Attachment Informed Grief Therapy.**

A must for grief counselors, provides a strong approach to theory that integrates current research and clinical practice.

\*Martin, T. & Doka, K. **Men Don't Cry . . . Women Do.**

This book challenges the traditionally held notions about gender stereotypes of grief, emphasizing that there are many healthy ways to cope with grief.

\*Neimeyer, R., Harris, D., Winokuer, H. & Thornton, G. **Grief & Bereavement in Contemporary Society, Bridging Research and Practice.**

Very readable and stimulating guide addressing key topics in the field.

Neimeyer, Robert. **Meaning Reconstruction and the Experience of Loss.**

Neimeyer combines sharp theoretical analyses with keen clinical insights and sound theoretical tasks. Essential for those working with or teaching about the bereaved.

Neimeyer, R. (ed.) **Techniques of Grief Therapy, Creative Practices for Counseling the Bereaved**

A handbook for clinicians in the trenches, this is a treasure trove of options for helping professionals across the spectrum of care.

Parkes, Colin M. (4th ed.). **Bereavement, Studies of Grief in Adult Life.**

Considered the 'most authoritative work of its kind,' Parkes re-examines previous findings in light of current literature, drawing on his own research for his newest theories in this new edition.

\*Rando, Therese A. **Grief, Dying and Death - Clinical Intervention for Caregivers.**

Comprehensive, readable, provides practical information about grief and loss support.

\*Rando, Therese A. **Treatment of Complicated Mourning.**

A comprehensive clinical resource. Reviews the fundamentals of grief and mourning assessment, treatment of complicated mourning, and potential clinical challenges.

Pearlman, L., Wortman, C., Feuer, C., Farber, C. & Rando, T. **Treating Traumatic Bereavement.**

Provides a clear framework and many practical tools for building survivors' psychological and interpersonal resources, processing their trauma and facilitating mourning.

\*Rynearson, Edward K. **Retelling Violent Death.**

With an emphasis on resilience, safety, restorative retelling, human concern and kindness, this book provides guidance for those helping others through traumatic grief.

Webb, N. **Helping Bereaved Children.** 3<sup>rd</sup> edition.

Excellent resource for all professionals, packed with practical resources, indispensable for therapists and anyone working with bereaved children.

Winokuer, H. & Harris, D. **Principles and Practice of Grief Counseling.**

Combines the knowledge and skills of counseling psychology with current theory and research in grief and bereavement. Introduces various theories and examines different therapeutic modalities that can be used in the context of grief and loss.

Wolfelt, Alan. **Companioning the Bereaved, A Soulful Guide for Caregivers.**

A must-read for everyone who walks aside mourners, using Dr. Wolfelt's "companioning" model of grief care rather than the traditional "treatment" model.

\*Worden, William. (5<sup>th</sup> ed.) **Grief Counseling and Grief Therapy.**

Describes normal grief and ways to help clients accomplish the "tasks of mourning." Special types of losses, pathological grief, and wellness are also covered.

(\* Available in the Pathways Center for Grief & Loss Resource Library)